

2015 Bridge to Health Survey
County/City Reports
2nd Edition
April 2017

Previous version:

Table 4.6.B
Physical Activity
Moderate Or Vigorous Activity 3 Or More Days Per Week
Bridge to Health Survey 2015 - XXXX County

Question: During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity or at least 20 minutes of vigorous physical activity? (3+ days/week)

New version:

Moderate Or Vigorous Activity Less Than 3 Days Per Week
Bridge to Health Survey 2015 - XXXX County

Question: During an average week, other than your regular job, how many days do you get at least 30 minutes of moderate physical activity or at least 20 minutes of vigorous physical activity? (<3 days/week)